ek/;fed Lrj ij ljdkjh lgk;rk çkIr vkSj futh fo|ky;ksa ds fo/kkfFkZ;ksa dh miyfC/k çsj.kk dh rqyuk ij v/;;u

1vthr dqekj Çlg\*] 2M‚- jes”k dqekj

1'kksèkkFkÊ] f'k{kk& foHkkx] vks-ih-ts-,l- fo'ofo|ky;] pq#] jktLFkku] Hkkjr

2'kksèk funZs'kd] f'k{kk& foHkkx] vks-ih-ts-,l- fo'ofo|ky;] pq#] jktLFkku] Hkkjr

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**eq[; 'kCn%** futh Ldwy] fodflr vkSj xfrfof/k;ksaA

'kks/k vkys[k lkj

*f'k{kk vuqla/kku dk ewy mís'; 'kks/k v/;;uksa ds fu"d"kksaZ dks ykxw djds lq/kkj djds lq/kkj djuk gSA blfy,] ;fn ,d 'kks/k v/;;u esa vyx ls mYysf[kr fufgrkFkZ ugha gSa] rks bls f'k{kk ds 'kks/k dk;Z ds :i esa ugha ekuk tkrk gSA bl egRoiw.kZ dkjd dks /;ku esa j[krs gq, 'kks/kdrkZ us 'kks/k fu"d"kZ ds fuEufyf[kr fufgrkFkksaZ dk mYys[k fd;k gSA*

*v/;;u esa ;g ik;k x;k gS fd ek/;fed Lrj ij ljdkjh] lgk;rk çkIr vkSj futh Ldwy ds Nk=ksa ds 'kS{kf.kd çn'kZu esa egRoiw.kZ varj gSA futh Ldwy ds Nk= vdknfed çn'kZu ij ljdkjh vkSj lgk;rk çkIr Ldwyh Nk=ksa ds :i esa vf/kd jpukRed vkSj mR—"V ik, x,A lacaf/kr lkfgR; dh leh{kk esa] i;kZIr la[;k esa tkapdrkZvksa us [kqyklk fd;k fd jpukRedrk vkSj 'kS{kf.kd çn'kZu ds chp lglaca/k dk xq.kkad cqf)eku vkSj 'kS{kf.kd miyfC/k ds :i esa egRoiw.kZ FkkA*

*ljdkjh vkSj lgk;rk çkIr Ldwy ds f'k{kd dks i;kZIr lqfo/kk,a çnku djuh pkfg,] mipkjkRed dk;ZØe] VîwVksfj;y d{kkvksa dh O;oLFkk djuh pkfg, vkSj Nk=ksa ds csgrj 'kS{kf.kd çn'kZu ds fy, miyC/k lalk/kuksa dk loksZÙke mi;ksx djuk pkfg,A Nk=ksa esa jpukRedrk dks c<+kok nsus ds fy, Ldwy esa fofHkUu lg&ikBîp;kZ vkSj uohu xfrfof/k;ksa dk çko/kku gksuk pkfg,A bu Ldwyksa ds dk;ZØeksa vkSj xfrfof/k;ksa esa #fp ugha ysrs gSaA*

**igpku fu”kku**



*\*Corresponding Author*

**izLrkouk**

f'k{kk ,d lkekftd çfØ;k gS vkSj bl çfØ;k esa lekt ds lHkh lnL;ksa dk ;ksx gksrk gSA fo'ks"kdj ekrk&firk] xq#tuksa vkSj fo|ky; ds f'k{kd&f'kf{kdk,a vkSj ckyd&ckfydk,a bl ;kstuk esa Hkkx ysrs gSaA f'k{kk vkSj thou ,d nwljs ls vyx uk gksus okyh nks çfØ;k,a gSaA blfy, lekt ds çR;sd lnL; ds ân; esa f'k{kk 'kCn ds çfr ,d fuf'pr Hkkouk gksrh gS vkSj blh ds :i esa og f'k{kk ds vFkZ dk ç;ksx djrk gSA

f'k{kk ,d lkekftd çfØ;k gSA bl çfØ;k esa lekt ls tqM+s lHkh ?kVd viuk&viuk lg;ksx çR;{k vFkok vçR;{k :i ls nsrs jgrs gSaA fo'ks"kr% f'k{kk O;oLFkk esa ekrk&firk xq#tuksa rFkk ckydksa dk egRoiw.kZ ;ksxnku jgrk gS] blfy, lekt ds çR;sd lnL; ds thou esa f'k{kk dk vVwV laca/k gSA f'k{kd dks ,d vksj fo"k; dh Kku dh ifjiw.kZrk vko';d gS ogha nwljh vksj f'k{k.k fof/k;ksa dh xq.koÙkk ,oa dfe;ksa dk Hkh Kku vko';d gS] vU;Fkk v/kwjs f'k{k.k fof/k dk Kku ckyd ds fy, fouk'kdkjh lkfcr gks ldrk gSA bruk gh ugha f'k{k.k i)fr ckydksa esa vUos"k.k ço`fÙk dk fodkl djrh gS rFkk mls ftKklq cuk, j[krh gSA

f'k{k.k fof/k fo|kfFkZ;ksa ds fofHkUu xq.kksa dk fodkl djus dk ,d LraHk Hkh gSA vkt ds ;qx esa euksfoKku us fo|kfFkZ;ksa esa ik, tkus okys vU; çfof/k;ksa ds Kku ds lanHkZ esa dkQh çdk'k Mkyk gSA f'k{kk laL—r Hkk"kk dh ^f'k{k\* /kkrq ls cuk 'kCn gS ftldk vFkZ gS lh[kuk vkSj fl[kkukA bl rjg ls f'k{kk dk rkRi;Z lh[kus&fl[kkus dh fØ;k ls gSA blh lh[kus&fl[kkus dh fØ;k O;fä esa varfuZfgr {kerk dks mHkkj dj mls vko';d Kku miyC/k djk;k tkrk gS vkSj mlds O;fäÙo ,oa dkS'ky dks fodflr djus dk ç;kl fd;k tkrk gSA f'k{kk ds fy, v¡xzsth esa ,tqds'ku 'kCn dk bLrseky fd;k tkrk gSA

**f'k{kk dh ç—fr ,oa fo'ks"krk,¡**

* f'k{kk dh ç—fr ds fo"k; esa ewy :i ls nk'kZfudksa] lekt'kkfL=;ksa] jktuhfr'kkfL=;ksa] vFkZ'kkfL=;ksa] euksoSKkfudksa vkSj oSKkfudksa us fopkj fd;k gSA bu lcds –f"Vdks.kksa ls f'k{kk dh ç—fr ds fo"k; esa fuEufyf[kr rF; mtkxj gksrs gSa%
* f'k{kk ,d lkekftd çfØ;k gSA blds eq[; :i ls rhu vax gksrs gSa&lh[kus okyk] fl[kkusokyk vkSj lh[kus&fl[kkus dh lkexzh vFkok fØ;k] ;g ckr nwljh gS fd fl[kkus okyk lh[kusokys ds lkeus çR;{k :i esa mifLFkr jgrk gS ;k insZ ds ihNs dk;Z djrk gSA
* O;kid vFkZ esa f'k{kk dh çfØ;k fdlh lekt esa fujarj pyrh gS] ijarq ladqfpr vFkZ esa ;g dsoy fo|ky;ksa esa gh pyrh gSA gesa f'k{kk dks mlds O;kid :i esa gh ysuk pkfg,A bl –f"V ls ;g ,d vfojr çfØ;k gSA
* f'k{kk lksís'; çfØ;k gS] blds mís'; lekt }kjk fuf'pr gksrs gSa vkSj fodklksUeq[k gksrs gSaA bl çdkj f'k{kk fodkl dh çfØ;k gSA
* O;kid vFkZ esa f'k{kk dh fo"k;&lkexzh vfr O;kid gksrh gS] mls lhek esa ugha ck¡/kk tk ldrk] ijarq ladqfpr vFkZ esa bldh fo"k;&lkexzh fuf'pr ikBîp;kZ rd lhfer gksrh gSA ij nksuksa vFkksaZ esa ;g O;f"V vkSj lekt ds fodkl esa lgk;d gksrh gSA
* O;kid vFkZ esa f'k{kk dh fof/k;k¡ vfr O;kid gksrh gSa] ijarq ladqfpr vFkZ esa fuf'pr çk;% gksrh gSaA
* f'k{kk dk Lo:i lekt ds /keZ&n'kZu] mldh lajpuk&laL—fr] 'kklura=] vFkZra= vkSj oSKkfud çxfr vkfn vusd rRoksa ij fuHkZj djrk gSA

**lkfgR; dh leh{kk**

**¼eksjsy] 2015½^^**fd'kksjksa esa jpukRedrk dk fodkl% dSls vkSj dgk¡ jpukRedrk dk ,d xq.kkRed v/;;u^^ us v/;;u fd;k fd jpukRedrk] ,d vo/kkj.kk ds :i esa] vLi"V gS vkSj] ,d gh le; esa] ifjfpr gSA vf/kdka'k yksxksa dh dk;Z'khy ifjHkk"kk gksrh gS fd jpukRedrk D;k gS] ;k nwljs 'kCnksa esa vo/kkj.kk ds ckjs esa ,d cqf)eku rjhds ls ckrphr dj ldrs gSaA

**¼dkax] 2020½^^**Nk=ksa dh jpukRedrk f'k{kk dh /kkj.kk% gkaxdkax] phu ls ,d ifjçs{;^^ bl v/;;u ls irk pyk gS fd Nk=ksa esa jpukRedrk f'k{kk dk ,d O;kid –f"Vdks.k FkkA losZ{k.k ds fu"d"kksaZ ds ifj.kkeksa ds vk/kkj ij] bl v/;;u esa ik;k x;k fd ofj"B çkFkfed vkSj dfu"B ek/;fed fo|ky; ds Nk=ksa ds chp jpukRedrk dks le>us vkSj muds Ldwyh f'k{kk ds nkSjku jpukRedrk dks c<+kok nsus ;k lhfer djus ds rjhdksa ds chp ,d folaxfr FkhA

**¼fQjkst] 2018½^^**ofj"B ek/;fed Nk=ksa ds fy, foKku miyfC/k ds vk/kkj ij oSKkfud jpukRedrk dh tkap^^ us crk;k fd oSKkfud jpukRedrk esa oSKkfud çfØ;k dks ekLVjekbaM djus] lek/kkuksa dks LekVZ rjhds ls fu/kkZfjr djus dh {kerk gSA tSlk fd ge tkurs gSa] jpukRedrk vius vki esa ,d vifjgk;Z ?kVuk gS] tks dk;Z ds gj {ks= esa vius ihNs dk jkLrk NksM+ tkrh gSA

**¼,,e iVsy] 2013½^^**mPp ek/;fed fo|ky; ds Nk=ksa ds oSKkfud jpukRedrk ?kVdksa dk ,d 'kks/k^^ la{ksi esa crkrk gS fd euq"; dh jpuk lcls vf/kd 'kfä;ksa esa ls ,d gS tks mls euq"; dh nqfu;k ls vyx djrh gSA blh 'kfä ds dkj.k euq"; tho txr esa çeq[k LFkkuksa dk ç;ksx djrk gSA euq"; dh jpuk us Økafr ds bfrgkl esa mR—"V LFkku fn;k gSA

**¼jkmdsZ] 2005½^^**fo|ky;ksa esa jpukRedrk^^ us fo'ys"k.k fd;k fd vH;kl dh tkap ds fy, ,d ysal ds :i esa jpukRedrk dk mi;ksx djus ls dqN f'k{kdksa us [kqn dks ,d ubZ jks'kuh esa ns[kk] tks ges'kk muds vuqdwy ugha Fkk] ftlus cnys esa mUgsa Nk=ksa ls lacaf/kr rjhds dks cnyus vkSj vius dqN dks NksM+us ds fy, çsfjr fd;kA fo'ks"k :i ls] uhao vkSj epku lh[kus esa f'k{kdksa dh Hkwfedkvksa dks vHkh Hkh rS;kjh] laxBu] vUos"k.k ds fy, rS;kj gksus] dkS'ky ds f'k{k.k vkSj vuqla/kku esa lgk;rk djus ds fy, ns[kk x;k FkkA

**¼gsysal] 2020½^^**f'k{kdksa dh jpukRedrk vkSj f'k{k.k jpukRed lksp dh ek/;fed Ldwy d{kk esa% laHkkouk,a vkSj ruko^^ esa dgk x;k gS fd f'k{kk fujarj lq/kkj dh fLFkfr esa gS] fiNys lksyg o"kksaZ ls vf/kd dHkh ugha D;ksafd 21 oha lnh ,d okLrfodrk cu xbZ gSA 21oha lnh esa Ms<+ n'kd dh ukSdfj;ka vc vko';d :i ls LFkku ij vk/kkfjr ugha gSa vkSj dk;Zcy ds fy, ubZ dbZ xquk n{krkvksa dh vko';drk gSA Nk=ksa dks 21oha lnh esa thus ds fy, rS;kj djus esa lksp dkS'ky] fo'ks"k :i ls vkykspukRed vkSj jpukRed lksp ij fQj ls /;ku dsafær fd;k x;k gSA

**¼feJk] 2021½^^**jpukRedrk ds laca/k esa vdknfed çsj.kk dk ,d v/;;u^^ us /;ku dsafær fd;k fd jpukRedrk gekjs vuqHko vkSj Kku dks c<+krh gSA ;g Lo&funsZf'kr ifjorZudkjh ç;kl dk ifj.kke gS vkSj bl ifj.kke dks igys ls ugha tkuk tk ldrk gSA gkyk¡fd] ;g vuqekfur gSA bls lqxe cukus ds lkFk&lkFk fl[kk;k Hkh tk ldrk gSA jpukRedrk dk fodkl d{kkvksa esa jpukRed ekgkSy vkSj jpukRedrk dks c<+kok nsus ds fy, fo'ks"k :i ls fMtkbu fd, x, dk;ZØeksa esa Nk=ksa dh Hkkxhnkjh ij fuHkZj djrk gSA Nk=ksa dks ,d çfrLi/khZ oS'oh—r nqfu;k esa jguk gksxkA

**'kks/k çfrosnu vFkok 'kks/k çcU/k ys[ku%**

'kks/k&çfrosnu rS;kj djuk 'kks/k&çfØ;k dk vfUre pj.k gSA bldk mís'; ftKklq yksxksa rd 'kks/k ds ckjs esa O;ofLFkr] foLr`r vkSj fyf[kr ifj.kke igq¡pkuk gksrk gSA 'kks/k çfrosnu esa 'kks/k ds mís';] {ks=] çfof/k;k¡] ladfyr rF;ksa dk fooj.k] fo'ys"k.k] O;k[;k vkSj fu"d"kZ vkfn fyf[kr :i esa çLrqr fd;k tkrk gSA tc rd 'kks/kkFkhZ viuk 'kks/k fyf[kr :i esa çLrqr ugha djrk] 'kks/k&dk;Z iw.kZ ugha ekuk tkrkA çfrosnu }kjk gh 'kks/k&lEer Kku nwljksa rd igq¡pk;k tkrk gSA gjsd vuq'kklu esa 'kks/k&çfrosnu çLrqr djus dh fo'ks"k 'kSyh gksrh gSA

'kks/k&çfrosnu ds nks Hkkx gksrs gSa&çkFkfed Hkkx rFkk eq[; HkkxA çkFkfed Hkkx ds çeq[k miHkkx gksrs gSa&eq[ki`"B] 'kks/k fuZns'kd dk çek.k&i=] 'kks/kkFkhZ dh ?kks"k.kk] leiZ.k] —rKrk Kkiu] rkfydkvksa vkSj vkjs[kksa dh lwph] ladsrk{kjksa dh lwph] vuqØef.kdkA 'kks/k&çfrosnu ds eq[; Hkkx v/;k;ksa esa c¡Vs gksrs gSaA v/;k;ksa ds foHkktu esa miHkkxksa dk /;ku j[kk tkrk gSA blesa eq[; miHkkx gksrs gSa&&çLrkouk] fo"k; ls lEc) iwoZ ds v/;;uksa dk fooj.k] miyC/k lkexzh vkSj 'kks/k&çfØ;k] rF;ksa dk fo'ys"k.k] foospu] O;k[;k] fu"d"kZ] lUnHkZ&Hkkx] ifjf'k"VA 'kks/k&çfrosnu ds eq[; Hkkx dk ços'k&}kj çLrkouk gksrk gS] blfy, çLrkouk esa fo"k;&çlax dk ifjp;] leL;k&funku dh fof/k;ksa ds ladsr] fo"k;&{ks= ,oa ijh{k.k gsrq çLrqr ifjdYiuk vkfn dh tkudkjh nh tkrh gSA chp ds miHkkx v/;k;ksa esa foHkä gksrs gSaA fu"d"kZ ds ckn 'kks/k&çfrosnu ds lUnHkZ&Hkkx gksrs gSa] bl Hkkx esa 'kks/k ds nkSjku mi;ksx dh xbZ vk/kkj&lkexzh] lgk;d&lkexzh] vFkkZr~ O;oâr xzUFkksa] lUnHkksaZ] lUnHkZ&xzUFkksa dh vyx&vyx O;ofLFkr lwph nh tkrh gSA blesa iwjs fooj.k ds lkFk iqLrdksa] i=&if=dkvksa] b.VjusV ds lUnHkksaZ] oscfyadksa dh vyx&vyx lwph nh tkrh gSA blls vkxs dk miHkkx ifjf'k"V gksrk gSA

**fo|ky; ds vkSipkfjd dk;Z**

fo|ky; ds vkSipkfjd dk;ksaZ dk lEcU/k ckyd ds ekufld fodkl ls gSA vr% bl lEcU/k esa fo|ky; ds fuEufyf[kr dk;Z gSa&

* **ekufld 'kfä;ksa dk fodkl&** fo|ky; dk çFke vkSipkfjd dk;Z ckyd dh ekufld 'kfä;ksa dk fodkl djuk gSA ftlls og viuh Lora= fopkj&'kfä dks lkspus] le>us rFkk dk;Z djus esa lQyrkiwoZd ç;ksx dj ldsA bl egku dk;Z dks djus ds fy, fo|ky; ckyd dh lkeus ,slk okrkoj.k çLrqr djrk gS ftlls mlesa ftKklk ,oa mRlqdrk mRiUu gks tkrh gSA
* **xfr'khy rFkk lUrqfyr efLr"d dk fuekZ.k&** fo|ky; dk nwljk vkSipkfjd dk;Z ckyd dks ,slk Kku nsuk gS tks Lo;a lk/; u gks vfirq lk/; dks çkIr djus dk lk/ku gksA lk/; gS& ,slk xfr'khy rFkk lUrqfyr efLr"d tks çR;sd ifjfLFkfr esa lk/kuiw.kZ rFkk lkgliw.kZ gksA
* **laL—fr dh lqj{kk] lq/kkj rFkk gLrkUrj.k&** fo|ky; dk dk;Z laL—fr dh lqj{kk] mlesa lq/kkj] rFkk mls Hkkoh ih<+h dks gLrkUrfjr djuk gSA vr% fo|ky; dks pkfg;s fd og laL—fr dh j{kk rFkk lq/kkj djs ,oa mls Hkkoh ih<+h dks fofHkUu lkekftd ,oa oSKkfud fo"k;ksa ds :i esa gLrkUrfjr djs ftlls ckyd çk—frd] jktfufrd] vkfFkZd] /kkfeZd lHkh çdkj ds okrkoj.k ls ifjfpr gks tk;sA
* **ekuoh; vuqHkoksa dk iquxZBu rFkk iqujZpuk&** fo|ky; dk dk;Z ekuoh; vuqHkoksa dk iquxZBu rFkk iqujZpuk djuk Hkh gSA okLrfodrk ;g gS fd fo|ky; dk lEcU/k dsoy lekt dh fujUrj dks gh cuk;s j[kuk ugha gS vfirq mls blds fodkl gsrq Hkh ç;Ru'khy gksuk pkfg;sA

**fo|ky; ds vukSipkfjd dk;Z**

fo|ky; ds vukSipkfjd dk;ksaZ dk lEcU/k ckyd ls 'kkjhfjd] lkekftd rFkk laosxkRed fodkl ls gSA vr% bl lEcU/k esa fo|ky; ds fuEufyf[kr dk;Z gS&

* **'kkjhfjd fodkl&** fo|ky; dk vukSipkfjd dk;Z ckyd dks LoLFk rFkk 'kfä'kkyh cukuk gSA orZeku ;qx esa ckydksa ds LokLFk dh nhu n'kk dks ns[kdj fo|ky; dks bl dk;Z dh vksj fo'ks"k /;ku nsuk pkfg;sA nqljs 'kCnksa esa] fo|ky; dk lEiw.kZ okrkoj.k ,slk gksuk pkfg;s ftlesa jgrs gq, ckyd Lo;a gh LQwfrZ vuqHko djrk gSA
* **lkekftd Hkkouk dk fodkl&** fo|ky; f}rh; vukSipkfjd dk;Z ckyd esa lkekftd Hkkouk dks fodflr djuk gSA okLrfodrk ;g gS fd fo|ky; lekt dk y?kq :i gksrk gSA vr% fo|ky; dks pkfg;s fd og ckyd ds lkeus Nk= laxBuksa] lekt lsok dSEi] lkekftd mRlo rFkk vfHkHkkod&f'k{kd&la?k vkfn dh O;oLFkk djds ,slk lkekftd okrkoj.k çLrqr djs fd ckydksa esa lkewfgd ço`fr rFkk lkekftd –f"Vdks.k mRiUu gksrs jgsaA
* **laosxkRed fodkl&** fo|ky; dk rhljk vukSipkfjd dk;Z ckyd dk laosxkRed fodkl djuk gSA blds fy, fo|ky; dk leLr okrkoj.k dykRed gksuk pkfg;sA nwljksa 'kCnksa esa] fo|ky; esa m/kku] Qwyksa dh D;kfj;k¡ rFkk çk—fr fufj{k.k dh O;oLFkk gksuh pkfg;sA d{kkvksa ds dejksa dks Hkh ckydksa }kjk lqUnj <ax ls ltk;k tk;s rFkk dykdkjksa }kjk ckydksa dks fofHkUu dykvksa dh f'k{kk nh tk;sA le;&le; ij ;k=k] ns'kk?kVu] laxhr lEesyuksa] ukVdksa] okn&fookn çfr;ksxrkvksa] çnf'kZfu;ksa rFkk fp='kkykvksa ds vk;kstu ls Hkh ckyd ds laosxkRed fodkl esa lg;ksx feyrk gSA

**milagkj**

futh Ldwy ds Nk=ksa dh miyfC/k çsj.kk ljdkjh vkSj lgk;rk çkIr Ldwyh Nk=ksa dh rqyuk esa vf/kd FkhA ljdkjh Ldwy ds Nk=ksa esa ftKklk txkus vkSj mUgsa Bhd ls çsfjr djus ds fy, Ldwy dk ekgkSy vkSj okrkoj.k nwljksa dh rjg vPNk gksuk pkfg,A ;kstukdkj dks ekuo vkSj HkkSfrd lalk/kuksa ls Hkjs LokLF; ifjlj ds fuekZ.k ds fy, rnuqlkj ;kstuk cukuh pkfg,A 'kks/k dk;Z ds nkSjku ;g ns[kk x;k fd fo"k; f'k{kd dk in fjä gS vkSj ikBîØe iwjk ugha gqvk gS] blfy, Nk= futh VîwVksfj;y dh vksj c<+ jgs gSaA tcfd os [kqn dh rqyuk futh Ldwy ds Nk=ksa ls djrs gSa vkSj [kqn dks ghu eglwl djrs gSaA

vr% ;kstukdkj dks çf'kf{kr f'k{kdksa dh fu;qfä ds laca/k esa /;ku nsuk pkfg, rFkk vU; lqfo/kkvksa tSls foKku ç;ksx'kkyk] dEI;wVj ç;ksx'kkyk] Hkk"kk ç;ksx'kkyk] iqLrdky; ,oa vU; f'k{kd lkexzh dks rn~uqlkj miyC/k djk;k tkuk pkfg,A vo/kkj.kkvksa dh Rofjr le> vkSj miyfC/k esa lq/kkj ds fy, f'k{kdksa }kjk Nk=ksa dh vf/kd ls vf/kd lfØ; Hkkxhnkjh lqfuf'pr dh tkuh pkfg,A

ek/;fed f'k{kk ds lkoZHkkSfedj.k ds fy, ljdkj #fp ys jgh gS vkSj ;kstuk cuk jgh gSA ysfdu orZeku le; esa vfHkHkkod vius cPpksa dks vyx&vyx futh Ldwyksa esa nkf[ky djkus esa #fp ys jgs gSaA ekrk&firk vkSj vfHkHkkodksa dk /;ku ljdkjh Ldwyksa dh vksj vkdf"kZr djus ds fy, ekrk&firk vkSj bu Ldwyksa esa vko';d ifjorZu gksus pkfg,A ek/;fed f'k{kk ds iquxZBu vkSj fodkl ds fy, ljdkj dks i;kZIr /ku vkoafVr djuk pkfg,A ;fn ;g dk;ZØe dh leh{kk dh vko';drk gS] rks ,d fo'ks"kK lfefr fu;qä dh tk ldrh gSA

f'k{kk ds 'kks/kkFkhZ vkxs ds 'kks/k ds fy, orZeku v/;;u ds MsVk dk mi;ksx dj ldrs gSaA

**lanHkZ**

* fQjkst] VhA ¼2018½A ds vk/kkj ij oSKkfud jpukRedrk dh tkapA 08¼02½] 159&164A
* dksax] ,pA ¼2020½A Nk=ksa dh jpukRedrk f'k{kk dh /kkj.kk% gkaxdkax] phu ls ,d ifjçs{;A ekufodh] dyk vkSj lkekftd foKku ds varjkZ"Vªh; tuZy] 6¼6½] 244&257A
* ,e] ,l] vkSj ih] ,l ¼2017½A dU;kdqekjh ftys esa mPp ek/;fed fo|ky; ds Nk=ksa dh d{kk tyok;q vkSj miyfC/k çsj.kkA baVjus'kuy tuZy v‚Q fjlpZ &xzaFkky;%] 5¼3¼,lbZ½½] 23&32A
* eksjsy] ,e, ¼2015½A fd'kksjksa esa jpukRedrk dk fodkl% jpukRedrk dSls vkSj dgk¡ fodflr gksrh gS] bldk xq.kkRed v/;;uA FkhfllA] 3&54A
* jkmjds] ,evks ¼2005½A Ldwyksa esa jpukRedrkA Ldwyksa esa jpukRedrk] ebZA
* ek/;fed fo|ky; ds Nk=ksa ds chp muds oSKkfud –f"Vdks.k vkSj ekrk&firk ds çksRlkgu ds laca/k esa jpukRed {kerk f'k{kk ds Ldwy esa çLrqr ,d 'kks/k çca/k ekLVj v‚Q ,M dh fMxzh ds iqjLdkj ds fy, vko';drkvksa dh vkaf'kd iwfrZ esa- ¼2015½A 11401602] 1&70A tkjuhdh] ,yA ¼2009½A Nk= jpukRedrk ij f'k{kd çHkkoA
* gsysal] ,,e ¼2020½A ek/;fed fo|ky; d{kk esa f'k{kdksa dh jpukRedrk vkSj f'k{k.k jpukRed lksp dh /kkj.kk,a% laHkkouk,a vkSj rukoA 13&17-
* feJk] ds,l ¼2021½A jpukRedrk ds laca/k esa vdknfed çsj.kk dk ,d v/;;uA VsDuksyuZ ,u baVjus'kuy tuZy v‚Q ,tqds'kuy VsDuksy‚th] 11¼1½] 39&43A